

You can make Fred's legacy your legacy.

Monthly giver, Glenis, 69, has left a gift in her Will to The Foundation as she believes we do "an absolutely marvelous job".

"Having been born with poor eyesight, I have worn glasses since I was nine years old. I will never forget the day I put my glasses on for the first time and was amazed, astonished and overwhelmed by what I could see. I just want others to have that same feeling. The education and training that The Foundation provides is fantastic. For a very small monthly donation, people in the Pacific have access to decent eye care.

I think very highly of Fred Hollows, who gave his life to helping others. I feel The Foundation carries on his important work. I have no kids and I want what I have accumulated in my life to go to a worthy cause, so I picked The Fred Hollows Foundation NZ."

If you are thinking of making a gift in your Will to The Fred Hollows Foundation NZ, we would love to hear from you. Even a small gift can have a big impact. Please contact Karen Blake for a no-obligation chat on 0800 227 229.

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The Fred Hollows Foundation NZ is a registered charitable entity under the Charities Act 2005. Donations made to us support our programmes across the Pacific.

The work of The Foundation is generously funded by individuals and development partners, including the New Zealand Ministry of Foreign Affairs and Trade, the Australian Department of Foreign Affairs and Trade, the Latter-day Saint Charities and the Lions Club International Foundation.





WINTER 2023 NEWSLETTER The Fred Hollows Foundation NZ





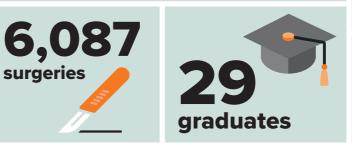
The year is well underway with our Pacific teams hard at work restoring sight.

We have a number of significant projects in motion, and we've reached a new milestone in supporting Pacific eye care specialists – all thanks to you.

Despite the hard times many New Zealanders are facing, we have been overwhelmed by the generosity of our supporters. It's difficult to

Your impact in 2022





The **Fred Hollows** Foundation NZ



express in words just how grateful we are. Because of you, we're able to support our partners in carrying out their vital work in the Pacific, where an estimated 9 out of 10 people who are blind don't need to be.

I'm thrilled to tell you that we were announced as the Ryman Healthcare charity partner for 2022–23.

Since 1999, the Ryman team and their residents have raised more than \$4 million for charities across New Zealand and Australia, so it's a significant honour to be selected.

There is so much news to share, and I have highlighted just a few of our inspiring stories for you to read.

Vinaka vakalevu

Fundraising, Communications & Marketing Director

for diabetes eye disease



8,217 patients screened for diabetes eye disease 6 10,445 spectacles dispensed 2,211 2 patients received treatment



Your support has helped us to train over 350 Pacific eye care specialists.

This significant milestone has been achieved in collaboration with our Pacific partners, including Fiji National University, Divine Word University in Papua New Guinea and the University of Papua New Guinea.

The training of eye care graduates, including eye doctors, eye nurses and eye care technicians, is integral to increasing access to quality eye care for people throughout the Pacific.

Dr Carole Poloso is one of the 350 trained graduates, and now works at the Regional Eye Centre in Honiara, Solomon Islands. She travels regularly to the outer islands on outreaches, as a lot of people who live there don't have the means to travel to the main island.

She spoke of a former employee who developed cataracts and had to quit his job and return to his home province. His eyesight worsened to the point that he had to be led everywhere and cared for every day:

"From working in Honiara to not being able to help himself and being cared for by his family.

It doesn't seem like much. But to them, being able to turn that around and help the family and put bread on the table again – that's a big thing for them.

"It's not just about being able to see but being able to provide again. We performed cataract surgery on him and he walked home after that."

Your generosity is helping to inspire the next generation of humanitarians.

The annual Humanity Awards were created to recognise young New Zealanders who, just like our founder Fred, strive to make the world around them better and embody the values of compassion, integrity, and kindness.

Madison Macmillan was named the 2022 Humanity Awards' Junior Ambassador for her big picture thinking and generosity. Madison has been fundraising since pre-school. She spends time at home writing, having penned and published her first book by the age of seven. From the hundreds of books she has sold, Madison has donated over \$1,200 to the Northland Rescue Chopper Service.

The Awards are going from strength to strength, and we receive dozens of inspirational nominations every year. Madison was surprised by comedian Rhys Mathewson at her school in Whangarei when he turned up with a film crew to help announce her win, which later aired on current events show, Seven Sharp.

The 2023 Humanity Awards are set to kick off in July.





You're helping us to strengthen eye care systems in the Pacific.

In collaboration with the University of Auckland, The Foundation aims to support the development of locally driven research through a new and ambitious research programme, 'State of Eye Health in the Pacific'.

The programme intends to develop the kind of evidence-based research that Pacific governments and decision makers need, in order to establish eye health plans and policies that will strengthen and sustain their eye health systems for the long term. Key to the success of the programme will be the engagement of eye nurses who will lead the research activities in their respective countries.

To hear more about this programme and other Future Fund projects, call Stephne Vaughan on 0800 227 229