

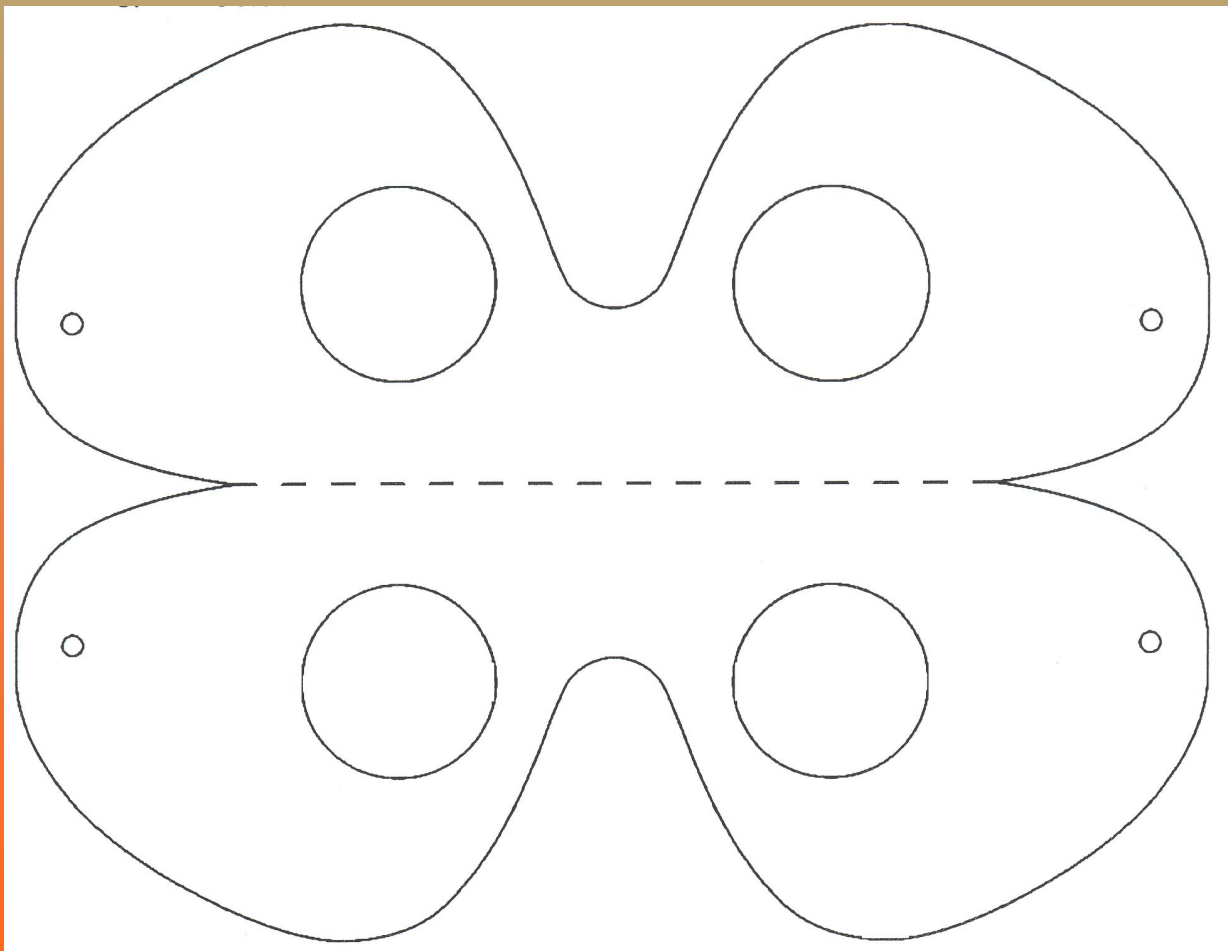
Craft your own Cataract Mask!

Instructions:

1. Photocopy or print mask onto a piece of cardboard
2. Cut out the mask shape
3. Cover the eye holes with a layer of baking or tracing paper—maybe two if your mask has really bad cataracts!
4. Fold along dotted line
5. Punch two small holes at outer edges and insert elastic to fit around head
6. Colour in and decorate—the wilder and weirder the better!

Equipment:

- ✂ Scissors
- ✂ Baking or tracing paper
- ✂ Single hole punch
- ✂ Hat elastic



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