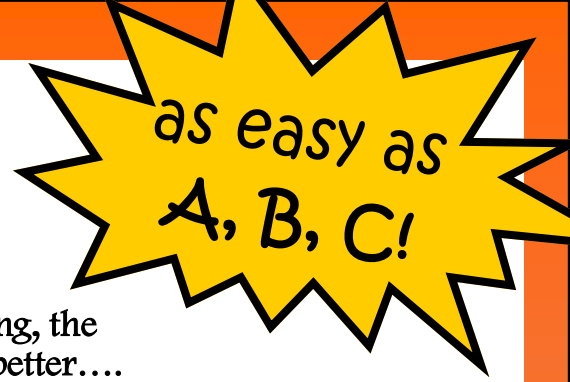


Photo: Peter Soliness

Fred's Fundraising Ideas:

You can do just about anything, the weird, wild and wackier the better....



Art auction
Art show
Arm wrestling

Break a world record
Bingo
Bike race

Cake stall
Coin trail
Carnivale

Dinner party
Disco/dance
Arts tournament

Easter egg hunt
Egg rolling competition
Exhibition

Fair
Fun run
Fashion show

Golf day
Girls night
Garage sale

Home made gifts sale
Halloween party
Hool-a-hoop marathon

International food stall
Indoor games day
Ice-cream eating contest

Junk food free day
Jazz night
Jump rope race

Karaoke night
Knitting stall or classes
Kite flying

Lunch party
Left-handed day
Loud-tie day

Mufti day
Masked ball
Movie night

Non-event event
No talent contest
Name that song quiz

Obstacle course
Orange peeling competition
Olympic games

Pet walk
Personal challenge
Pyjama day

Quiz night
Quit something for sponsors
Quilt making

Raffle
Rent-a-???
Rap contest

Sausage sizzle
Sponsored cataract mask wearing
Scavenger hunt

Tech-no day
Tea party
Tire-legged race

Unwanted gift sale
Underware worn on top day
Used book sale

Video party
Valentine's party
Volleyball tournament

Walk-a-thon
Who's that baby? contest
Wacky races

Xmas party
X-factor talent show
Xylophone concert

Yo-yo contest
Yoga marathon
Your own thing!

ZZZZZZ: sleep-a-thon
Zany outfit day
Zoo party



Photo: Kristina Fries

Try doing these with a Cataract mask on!



Photo: Michael Bradley

For more information, please contact:

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The Fred Hollows Foundation NZ

20 years of restoring sight