



The Fred Hollows
Foundation NZ

FRED'S
PARTNERS

Your Vision

Winter 2026 Newsletter



**“For the first time
in years, she could
imagine once again
seeing the colourful
tropical flowers she
loved so dearly.”**



Welcome to Your Vision

Bula,

When I was growing up in Fiji, community meant everything. Sharing and looking after each other is a valued way of life right across the Pacific.

My mother worked in community health, and I saw the impact one could have when working at the heart of communities, particularly when striving for change. In my own working life, I've come to see that building strong communities starts with empowering people to determine their own futures.

This sits at the very heart of The Foundation's work. When a patient's sight is restored, it benefits them in many ways. They can take back control of their life, returning to work and supporting their family. They can also take an active role in their community again, which is such a treasured part of Pacific life.

The Foundation's commitment to training local eye doctors and nurses helps to further strengthen local communities by creating more sustainable local eye care services, closing gaps in eye care, and supporting accessible eye care for all.

Of course, none of this would be possible without you. Working together, we've achieved so much over the years – including the incredible recent milestone of 100,000 sight-restoring eye surgeries. This is a powerful reminder of what's possible when we pull together as one, and I'm so grateful you've been part of this.

It's a milestone I'm extremely proud of – but there is much more still to do. Avoidable blindness still affects millions, and demand for eye care continues to grow.

With you by our side, we can remain focused on restoring sight to as many people as we can, creating more of those magical moments where people like Sarita see their loved ones' faces again.

Vinaka vakalevu,



Audrey Aumua
Chief Executive Officer
The Fred Hollows Foundation NZ



Thanks to wonderful supporters like you, Sarita's life is now back in sharper focus

Sarita longed to see her children, now grown up and living far away. But with cataracts clouding both her eyes, her sight had deteriorated so much that the journey to visit them was no longer possible.

Spending time with her children was just one of the many things vision loss had taken from Sarita. Since her husband sadly passed away,

she had found daily joy in her work as a florist, being involved in her community, and many other passions, such as reading the Bible at church and tending to her lush Fijian garden.

But little by little, her fading sight had prevented her from enjoying many of the everyday pleasures that made her life so rich.

Then Sarita heard news that planted a powerful seed of hope.

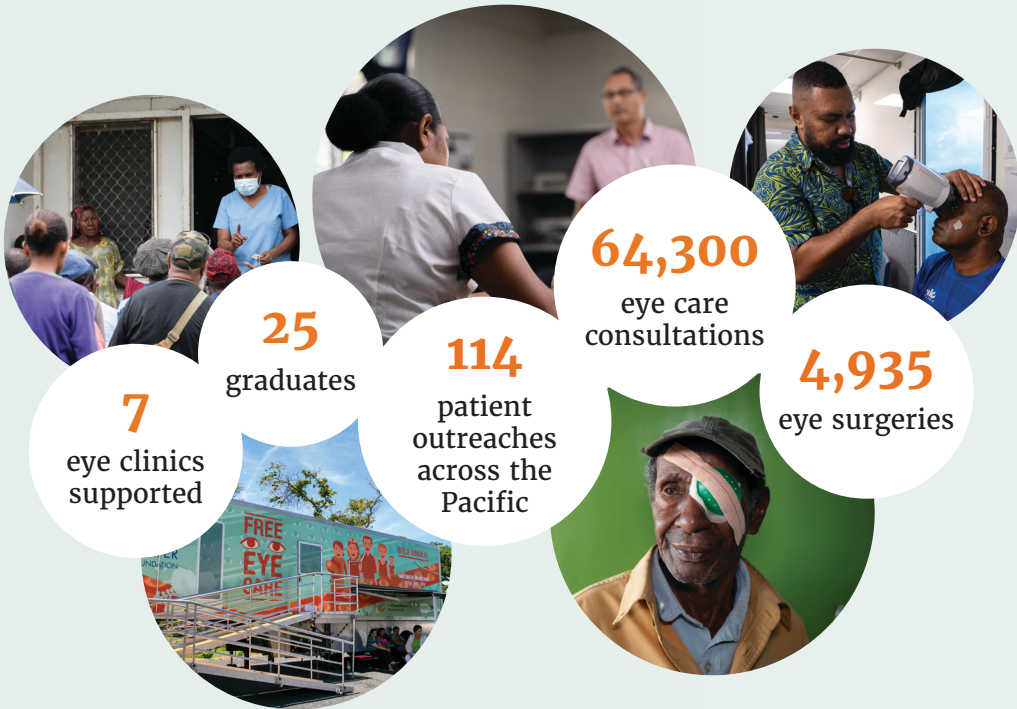
Thanks to incredible supporters like you, the Mobile Eye Clinic was coming to the nearby hospital at Tavua.

Established through the generosity of our remarkable supporters, the Mobile Eye Clinic offers free eye consultations and surgery to people unable to travel the long distances to Fiji's capital, Suva, for the eye care they desperately need.

On the day of her surgery, Sarita was scared but excited. With her sight now restored, she was filled with joy that she could once again see her vibrant flowers clearly, and would soon see her beloved children.

Thank you for helping bring everyday joys back into sharper focus for Sarita.

Thanks to incredible support like yours, in 2025 we were able to achieve:



One operation can change a life – you've helped us transform over 100,000!

Your amazing support not only helped transform more lives in 2025, it turned a major goal into reality: we have now delivered over 100,000 sight-restoring surgeries across the Pacific!

Thanks to you, we're reaching more people than ever before.





Catherine's gift will help restore sight **long into the future**

"In my 40 years of nursing, I saw how easily people can miss out simply because they don't have access to the right services at the right time.

When I first heard Fred Hollows speak, I was struck by his vision. He wasn't just *talking* about change: he was going to make it happen. The idea that restoring sight could reduce inequalities and transform whole communities resonated with me.

The gift of sight means everything: returning to work, children not having to stay home to care for someone, and staying engaged in things that make life meaningful.

I have remembered The Fred Hollows Foundation NZ in my Will because I believe in its vision and its commitment to reducing inequalities.

By leaving a gift, I can make a difference – helping build the workforce, systems and care that will continue bringing sight to Pacific communities long into the future."

Catherine

If you are interested in learning more, please email us at: bequest@hollows.org

Leading PNG ophthalmologist wins **Gabi Hollows Award**

I'm thrilled to share that Dr Jambi Garap is the inaugural recipient of the Gabi Hollows Award for Women Advancing Global Health and Development.

The award honours outstanding women leading the way towards health equity. Among her many achievements, Dr Garap helped establish the national teaching centre for ophthalmology at the University of Papua New Guinea, and was instrumental in the elimination of trachoma in Papua New Guinea.

"This award recognises the extraordinary leadership of women like Dr Garap, who are strengthening health care in their communities and creating lasting change," said Gabi Hollows.

Dr Garap described the award as "an honour" adding: "We need more women in health leadership positions so we can overcome the barriers women and girls face in accessing health services."



"When women are supported to lead, we see better outcomes for families and communities."

Gabi Hollows

