



The Fred Hollows
Foundation NZ

*See Beyond
to a world without
avoidable blindness.*

Your guide to leaving the
gift of sight in your Will.



Leave a legacy with vision



Before Fred lost his battle with cancer, we had a conversation about how we could continue his work - restoring sight in low- to middle-income countries.

From those early talks, The Fred Hollows Foundation was born. Since then, we've restored sight to over 3 million people.

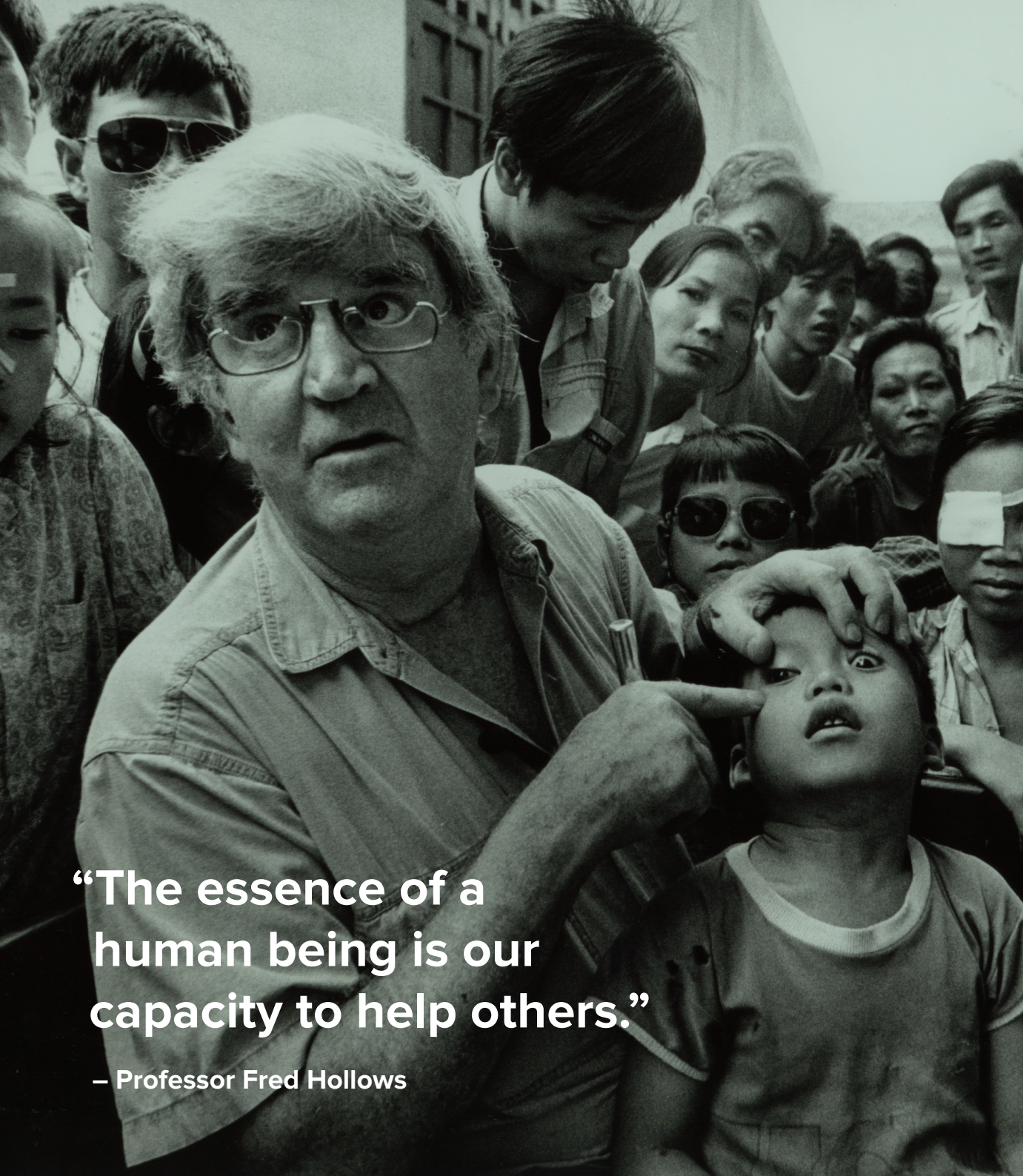
It's a great achievement and one I know Fred would be proud of. The simple truth is this work would not have been possible without the help of New Zealanders like you, who time after time support us generously to restore sight to those who need it most.

A gift in your Will is a really special way to continue your support. It's a gift that means The Fred Hollows Foundation NZ can keep training eye doctors and eye health workers, building eye clinics and restoring people's sight for generations to come.

On behalf of Fred and myself, thank you.

A handwritten signature in black ink, reading "Gabi Hollows".

Gabi Hollows AO
Founding Director,
The Fred Hollows Foundation



“The essence of a human being is our capacity to help others.”

– Professor Fred Hollows

See beyond to a world without avoidable blindness.

Together we can continue what Fred started.

Kiwi legend, Professor Fred Hollows, was an internationally acclaimed eye surgeon and social justice activist who championed the right of all people to high-quality and affordable eye care.

Fred had a dream of a world in which no person is needlessly blind or vision impaired. He restored sight to thousands of people around the world and trained countless eye doctors to do the same. Now more than 30 years on, his work lives on through The Foundation.

By seeing beyond, you can create a legacy that ensures your beliefs and values live on — just like Fred did.

“I think very highly of Fred Hollows, who gave his life to helping others. I feel The Fred Hollows Foundation NZ carries on his important work. I want what I have accumulated in my life to go to a worthy cause... so I picked The Fred Hollows Foundation NZ.”

Glenis, Gift in Will Supporter

Leave a lifetime of sight

Gifts of all sizes make a huge impact. Even 1% of your estate can make such a profound difference to so many lives. Lives like brave six-year-old Zaydan from Fiji.

Zaydan wasn't born blind but began to develop cataracts in both eyes when he was just four years of age. To get his sight back, he had to travel 230km from his home and go through two eye operations under general anaesthesia in just three days, plus weeks of recovery. **It was a scary journey, but it transformed his life.**

Zaydan had his sight restored by Foundation-trained Dr Mundi Qoqonokana - Chief Consultant Ophthalmologist at the Pacific Eye Institute in Suva, Fiji.

In the months that followed, Zaydan's sight got better and better. His mum Jyoti told us of that time:

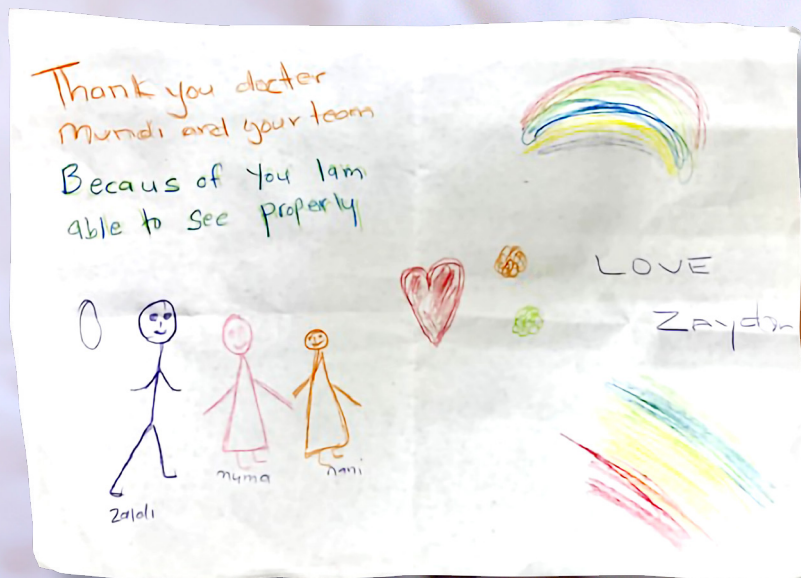
'When we came home, he could see faces, recognise his friends. For the first time in his life, he saw a rainbow. He was amazed. He could name all the colours. I could not believe it. The operation has changed his life. And it has also changed mine.'

When Dr Mundi had a check-up with Zaydan two years on, the difference in him was

remarkable. He had grown so much. His sight was good, he had become class monitor at school and had glasses which were provided thanks to incredible supporters of The Fred Hollows Foundation NZ.

Jyoti is so thankful for this gift:

'I have a thank you message for all the donors. I ask you to keep supporting this good cause. You are giving vision, which means you are changing the life of someone.'



This is what you can do. You can give a lifetime of sight to children like Zaydan, transforming their future and giving them the chance to see a rainbow.

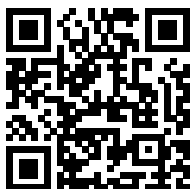
Dr Mundi Qoqonokana loves what he does - restoring sight to people in his community who don't need to be blind and training future eye doctors and nurses to do the same.

Dr Mundi was Foundation-trained, graduating with a Master of Ophthalmology in 2009. Since then, he has gone on to restore the sight of thousands of people and train local Pacific eye care specialists who can go on to provide these skills in their communities too.

One of the biggest challenges in the Pacific is the shortage of eye doctors and nurses. But with the kindness from supporters like you, we can continue to strive towards locally-led and sustainable eye care across the region.

Training a local eye care workforce is the most sustainable way to eliminate avoidable blindness and vision impairment in the Pacific. When you train a local eye health specialist, they can go on to train many more, creating a much-needed ripple effect.

This is the impact that a gift in your Will can make.



Scan the QR code to watch our video of other eye doctors and nurses whose lives have been transformed because of incredible people like you.

Give people the skills to restore sight



“People ask me why I work such long hours. I tell them it is because I find it so rewarding. I do the operation today, and tomorrow I know I will have the reward of seeing families hugging and smiling and crying with joy.”

Dr Mundi

“Good eye care is the right of everybody, not just the wealthy who can afford it”

– Professor Fred Hollows.

Fred Hollows was driven by the belief that everyone should have access to proper eye care.

But it's more than just having the eye care workforce. We need to ensure the infrastructure for quality eye health systems is there as well. You can help to refurbish existing facilities and build new clinics across the Pacific region.

Just like Ernie did.

Ernie and his wife Rae had been involved in helping others through various charities they supported. That's why Ernie was determined to help restore sight to people in need, even when he was no longer here.

His incredibly generous gift helped to build the Madang Operating Theatre in Papua New Guinea.

Ernie's gift not only had an immediate effect by giving people access to sight-restoring surgery in a world-class facility; it's a legacy that will have a lasting impact on so many lives for years to come.



This is the difference you can make. A gift in your Will will help to build more eye clinics across the region, restoring sight and transforming the lives of many more people in the future.

To restore more than sight, we must do even more than surgery

**What happens when people
in need can't get to us?**

We go to them.

We've made enormous strides in building centrally located eye clinics where people can come for life-changing surgery. Yet nations across the vast Pacific are full of remote villages and quite often people do not have the means to travel to the main islands where the eye clinics are, or do not know about eye care or how to access it.

Every year, teams of eye doctors and nurses in our outreach programme bring eye care to people in these isolated communities.

Your generosity will be felt in the most remote parts of the region, supporting these programmes, ensuring that eye care is accessible to those who need it most.

As Fred said, everyone should receive the eye care they need, no matter where they are. You'll be helping to make that happen.

"Giving the gift of sight means helping people make it through life. And it's my duty as a human being to help others who are less fortunate."

Mike, Gift in Will Supporter



*Bring the gift
of sight to remote
communities*

It is really important to have a Will, and anyone can do it.

We appreciate that organising your Will is one of the most important decisions of your life. It ensures your last wishes are carried out the way you intended and gives you the chance to create a lasting legacy.

Talk to your loved ones - Your first priority is to look after your loved ones and talk to them about your wishes to ensure that your beliefs and values live on.

If you do make the decision to leave a gift in your Will to The Fred Hollows Foundation NZ, thank you so much. We encourage you to talk to your loved ones about the reasons why you have made this decision and why it is important to you.

The decision to leave a gift in your Will is one that we want you to celebrate!

It means you'll always be part of something exceptional that will continue to give the gift of sight and transform lives.

It is something that you and your family can be proud of together.

Our promise to you

The decision to leave a gift in your Will to continue restoring sight is one of the most incredible gestures that you could make. And one that we are so thankful for.

That's why we promise to always:

- Respect that a decision as important as this needs time – how and when you choose to leave a gift is personal to you.
- Honour your wishes and ensure that your gift has the greatest impact possible towards ending avoidable blindness.
- Understand that circumstances change, and you always have the freedom to reconsider your decision at any time.
- Keep you updated with the impactful work we do, sharing our latest achievements and life-changing stories.
- Keep your information confidential and in accordance with our privacy policy.
- Honour your privacy - we would love to acknowledge your generosity but will only ever share the information you are comfortable with.

How to leave a gift in your Will

We are so thankful that you are considering The Fred Hollows Foundation NZ in your Will.

Gift in Will options

There are a variety of gifts that you can leave in your Will that will allow you to continue to end avoidable blindness and vision impairment. The most impactful gifts are those that keep up with inflation and maintain their value over time.

Residuary gift

After you have taken care of your loved ones, you may choose to leave the remainder of your estate or a percentage of this to The Foundation.

This means the gift will maintain its intended impact with our work in the future as it will keep up with inflation and won't lose value over time.

Pecuniary gift

This is where you leave a nominated amount of money to The Foundation in your Will.

To make it as simple as possible for you, we have included some helpful information below:

Suggested wording for your Will

"I give the residue (or % share of the residue) of my estate to The Fred Hollows Foundation NZ (registered charity number CC23722) for its general purposes, and I declare that a receipt given by the Treasurer or other proper officer of The Foundation shall be an absolute discharge to my Trustees."

Amending your existing Will

If you already have a Will, you can use the codicil form found at the back of this brochure, to include a gift to The Foundation. This is an extra clause which is added to your existing Will. You just need to have two people witness this when you sign and date it.

Writing your Will

If you don't have a Will yet, you can find a Legacy Toolkit to help write your Will in the back pocket of this brochure.

The next step is to work with a solicitor or a trustee company to tell them who you want to benefit from your Will and who you wish to act as your executors.

If you do leave a gift in your Will, we would love to hear from you so we can thank you and share with you the impact of your generosity.



"The gift of sight is one of the best gifts"

Read the story of Alison and Richard, a couple who have both left a gift to The Fred Hollows Foundation NZ in their Will.

After a lifetime of wearing glasses, Alison treasures the gift of sight:

"I've been a doctor for 40 years; there's no way I could have done the job I love without adequate vision for study and work.

I am extremely short-sighted and have a strong family history of glaucoma, cataracts and macular degeneration so annual eye checks are vital, too.

"I think we all agree that the gift of sight is one of the best gifts we can get. We will be leaving money in our Will so we can help The Foundation continue the fantastic work once we've gone."

Alison and Richard.

But all this is not cheap, which saddens me - I feel health care is a right not a privilege and that should include our senses that enable us to function in society, earn a living and make a contribution. I can afford them but many can't."

Her partner, Richard, had a serious eye injury at just six years old, and was lucky enough to have surgery to save his sight:

"When I was six years old, I had a serious penetrating eye injury. I was very lucky that in 1962 there was a good ophthalmologist in Nairobi who performed an iridectomy. 60 years later I still have good sight.

My Dad also had a cataract operation when he was 86. He lived alone until he was 96. After the operation his joy of life was palpable. He was so excited. I remember it well. His enthusiasm returned as he exclaimed: 'It's magic; I haven't seen colours like that for years, and now I can see the train go by. It's the closest I've come to a miracle!' He and I got quite emotional."



Dr Pius Singeia, Regional Eye Centre, Solomon Islands



Dr Elenoa Matoto, Pacific Eye Institute, Fiji



Louro, Papua New Guinea



Sau, Samoa

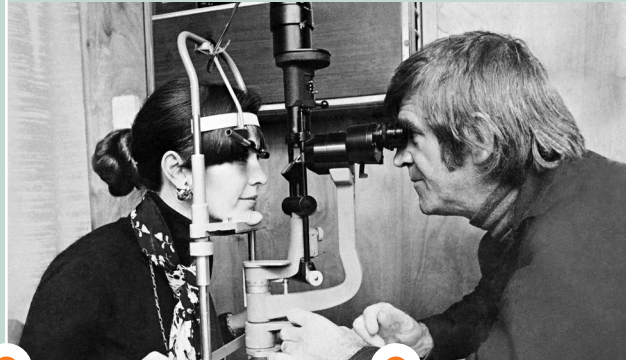


Vasemaca, Fiji

1990's

Fred and Gabi set up The Fred Hollows Foundation in 1992.

The NZ office raises money to support sight-restoring programmes around the world.



2006

The Pacific Eye Institute (PEI) is established in Fiji. The first eye care training facility of its kind in the Pacific.

2010

PEI moves into a new purpose-built training facility in Suva.



2015

We build the Regional Eye Centre in Solomon Islands. It is powered by solar panels, relies entirely on rainwater, and has its own sewerage treatment system.

2019

Seven Pacific countries have at least one eye doctor and eye care team.



2022

Over 1 million eyesight consultations have been given throughout the Pacific.

“Having been with The Fred Hollows Foundation NZ since it began delivering programmes in the Pacific, I have had the privilege of seeing firsthand the organisation grow to where it is today”

Dr John Szetu, Medical Director

2001

The Foundation begins its work in the Pacific region with the National Eye Care programme expanding in Vanuatu.



2007

With Divine Word University, we develop training programmes in Papua New Guinea. Upgrades begin at the eye clinic in Madang.

2011

We build the Diabetes Eye Clinic, located at PEI, to tackle diabetes eye disease in Fiji.



2015

We launch the Mobile Eye Clinic, taking eye care services to remote areas in Fiji.

2019

The Vanuatu National Eye Centre is upgraded and extended, increasing surgery capacity from 200 to 800.



2022

A solar system is installed at Madang Eye Clinic, PNG, providing a reliable and renewable power source, ensuring eye care services can continue to run safely and consistently.



2024

A groundbreaking Ceremony kicks off the building of the Centre for Eye Health in Papua New Guinea.

You can be part of what's to come.

9 out of 10 people who are blind do not need to be. Their condition is preventable or treatable.

You can help transform their lives.

Every year, we work alongside our Pacific partners to **restore sight** to thousands of people who are needlessly blind and vision impaired.

We **train and support local eye doctors and nurses** to provide eye care services in their own communities and work to **strengthen local eye health systems**.

We won't stop until our Pacific neighbours have **permanent access to high quality eye care**.



You can help us to continue in our mission to end avoidable blindness.

Your gift will contribute towards a stronger, more resilient, and accessible eye health system in the Pacific.

By seeing beyond, you can be part of this transformational journey and leave a lasting difference for many generations to come.

Our Online Will Partners

Everyone needs a Will — whatever stage of life you're in. A first child arriving, a grandchild's tiny hand wrapped around your finger. Your retirement ahead, a move to a new home, a new chapter. Or maybe it's simply time — you've been meaning to get things in order. Whatever's brought you to this moment, we want to make it feel like an act of care for the people you love.

That's why we've partnered with three leading online Will providers — **Safewill**, **Footprint**, and **EveryWill** — so you can write or update your Will for free, or at a reduced cost. Have a look at each and choose whatever suits you and your family.

This is available to all our supporters — it is simply our way of saying thank you for being part of our community.



We are proud to partner with Safewill to offer our wonderful supporters the opportunity to write a bespoke Will for **50% off (normally \$160)**. Look out for **free Wills week too**.

Every Will is checked by a lawyer to make sure it has been completed correctly and it takes less than 20 minutes using the step-by-step guide.

safewill.com/nz/fredhollowsnz



Footprint is New Zealand's largest provider of online Wills, making it easy for you to put a legally valid Will in place in as little as **15 minutes**.

They offer our supporters the opportunity to get a free one off standalone online Will, anytime. Their platform was built by lawyers and is solicitor-approved, with all Wills reviewed by a professional Will drafter.

footprint.co.nz/fredhollowsnz



EveryWill are offering their online Will services to our supporters, completely **free of charge**.

In less than 10 minutes, you can write your Will from the comfort of your home, with free and unlimited updates for life.

Last year, more than 15,000 Wills were written via the EveryWill platform.

everywill.co.nz/c/fred-hollows-nz

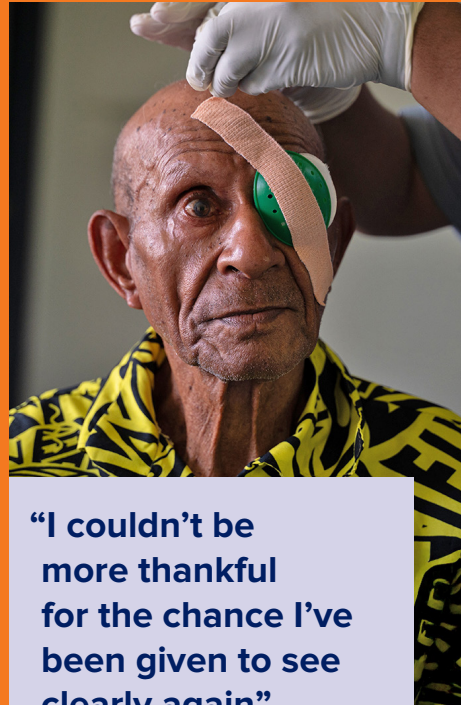
Learn more about online Wills - fredslegacy.nz

Please contact Karen Blake with any questions on bequest@hollows.nz

You can leave a gift that lasts a lifetime.

**"It's like I got
my life back."**

Salome

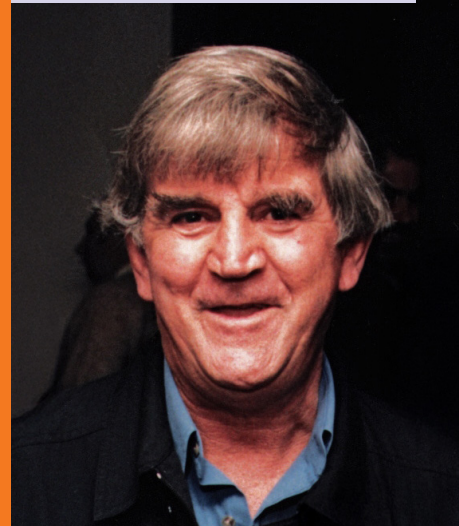


**"I couldn't be
more thankful
for the chance I've
been given to see
clearly again"**

Siafy

**"I believe the
basic attribute of
mankind is to look
after each other."**

Fred Hollows



**"I can see well now!
I'm so happy!
Thank you so much!"**

Estele



**The Fred Hollows
Foundation NZ**

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